

Be Kind

Our Promise at Bohermore NS



1. Our Promise:

We're all part of this community. Here everyone has the right to feel safe, respected and included.



2. What is Bullying?

- Hurts or excludes another on purpose.
- Repeated behaviour
- Uses power over someone that finds it hard to defend themselves.



It can be physical, social or emotional and it can happen online or offline.

3. Our 3 Rules

1. We include others.
2. We speak up- tell a teacher or a friend if we see something wrong.
3. We treat each other with kindness and respect



4. We All Play a Part!

Students, staff and parents work together to build a culture of kindness

